

Chikungunya

Chikungunya is a mosquito-borne disease caused by a virus that is spread by the bite of **Aedes** mosquitos. Chikungunya occurs in large numbers in the Caribbean and parts of Africa.



Countries and territories where chikungunya cases have been reported (as of March 10, 2015)

**FL is the only US state with documented local transmission of chikungunya

Symptoms occur **3-7 days** after a bite from an **infected mosquito** and can last up to **several weeks to months**. Symptoms can include:

- Fever
- Severe joint pain and joint swelling
- Muscle pain
- Rash (often hive-like)
- Headache

Aedes Facts



- Aedes mosquitos are **daytime biters** and often bite around the **lower legs** and **feet**.
- Aedes mosquitos breed in people's yards in **anything that can collect water**, including buckets, water cans, pots, toys, wheel barrows, tires bird baths, pet bowls, boats, cans, coolers, etc.
- These *Aedes* mosquitoes **are very common in Maricopa County**, and we are at risk for having outbreaks of this disease in the Valley if we don't take steps to prevent it.
- If you or a member of your family becomes ill with chikungunya-like symptoms after traveling in affected countries, **it is extremely important that you avoid mosquito bites for at least 7 days after your illness begins**. Your family members should do the same to avoid becoming infected (see prevention below).

Prevent mosquito bites and mosquito breeding!

- Stay indoors if at all possible
- Wear long sleeves and long pants
- Dump out any water in containers and remove or cover them
- Use insect repellents on exposed skin and on clothing
- Reapply insect repellents as directed on the label

If you, a family member, a visiting friend or neighbor comes down with **chikungunya symptoms**, please contact public health officials immediately by calling

(602) 506-6767