

## TIPS TO PROTECT YOUR PETS FROM THE HEAT

### Know the Signs of Heat Stroke:

- Abnormal gum coloring
- Loud, rapid panting or difficulty breathing
- Rapid pulse
- Glazed eyes
- Elevated body temperature
- Weakness/collapse
- Loss of consciousness
- Vomiting/diarrhea
- Seizures
- Excessive thirst



### What TO do:

- Call your vet or an emergency vet if after hours
- Move your pet out of the heat
- Place a cool wet cloth on their belly, paws, and neck
- Place a fan so that it is blowing on your pet

### What NOT to do

- Do not attempt to rapidly cool pet with water or ice; this may cause shock
- Do not force water
- Do not leave pet unattended

### Is it too hot to walk?

Place your bare foot or the back of your hand on the pavement for 7 seconds, if it's too hot for you, it's too hot for pets too!



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### Summer Safety Tips:

- Limit your pet's time outside and try to stick to the mornings or evenings when the temperatures are cooler.
- Avoid long walks, hikes, and excessive outdoor play or exercise.
- Ensure pets have consistent access to cool drinking water.
- Consider play activities that involve water such as a hose or sprinkler.
- If walks on pavement are necessary, consider getting dog booties to protect your pet's paws.
- Never chain or lock your pet outdoors.



### Pets and Hot Cars:

#### NEVER leave your pet in a hot car!

- When the outside temperature reaches 100°, the inside of a car can reach 129° in just 20 minutes.
- Even a 75° day can become deadly for a pet inside a car.
- Animals die every year due to being left inside a hot car.
- The Good Samaritan Law (Arizona HB 2494) protects a person who breaks a car window to rescue a pet if they believe the pet is in imminent danger and have verified that the car is locked.

See a pet locked in a hot car? If it appears to be in immediate danger, call 911.