

Resources for Humans

Thank you for reaching out to Maricopa County Animal Care and Control (MCACC) for resources to help keep your beloved pet(s) as part of your family. Responsible pet ownership is a community issue that requires community support. While MCACC provides resources and contact information in the spirit of helpfulness, they are not endorsements. Our community has hundreds of organizations that may have merit and could provide assistance to you and your pet(s) in a time of need. These organizations do not provide MCACC with updated information. Please contact each resource directly to determine if they will be able to meet your needs.

Housing Resources:

Arizona Department of Housing

877-428-8844

Information: Low-income housing search.

https://www.myhousingsearch.com/housing_search.html

Emergency Rental Assistance Program (ERAP) through DES

833-912-0878

Multiple locations.

<https://des.az.gov/ERAP>

Low-Income Home Energy Assistance Program (LIHEAP) through DES

833-912-0878

Multiple locations.

<https://des.az.gov/liheap>

MesaCAN through A New Leaf

480-833-9200

635 E. Broadway Road,
Mesa, AZ 85204

Information: Provides rent and utility assistance to low-income Mesa residents.

<https://www.turnanewleaf.org/services/financial-empowerment/mesacan/mesacan-rent-and-utility-assistance/#rent-assistance>

St. Vincent de Paul

602-850-6948

320 W. Watkins Road,
Phoenix, AZ 85003

Information: Provides one-time rent, mortgage, and utility assistance for those in need.

<https://www.stvincentdepaul.net/get-help/rent-and-utility-bill-assistance>

Neighborhood Services Department (NSD) through City of Phoenix

602-534-4444

200 W. Washington St.,
Phoenix, AZ 85003

<https://www.phoenix.gov/nsd/programs/housing-repair-programs>

Nutrition and Financial Resources:

Supplemental Nutrition Assistance Program (SNAP) through DES

855-432-7587

Multiple locations.

Information: Formerly known as the Food Stamp Program, SNAP provides income designated for food to low-income families and individuals.

<https://des.az.gov/how-to-apply-snap>

WIC (Women, Infants and Children) through ADHS

800-252-5942

Multiple locations.

Information: WIC is available to Arizona's pregnant, breastfeeding, and postpartum women, and infants and children under the age of five who are at nutritional risk. WIC participants receive an electronic card to purchase specific foods each month that are designed to supplement their diets with specific nutrients that benefit WIC's target population.

<https://www.azdhs.gov/prevention/azwic/families/index.php#eligibility>



Cash Assistance through DES

855-432-7587

Multiple locations.

Information: Cash Assistance helps families meet their basic needs for well-being and safety and serves as their path to self-sufficiency. The Cash Assistance program provides temporary cash benefits and supportive services to the Arizona's children and their families.

<https://des.az.gov/ca>

Diaper Bank of Central Arizona

info@diaperbankaz.org

Multiple locations.

Information: The Diaper Bank of Central Arizona provides diapers to partner agencies that work with people in need. These agencies may only be able to distribute a handful of diapers, typically enough for a few days. Call the agency near you to see if they have diapers in the size you are looking for.

<https://www.diaperbankaz.org/get-diapers.html>

Arizona Food Bank Network

602-528-3434

Multiple locations.

Information: This search tool helps you find a food bank near you; food banks may offer various services such as food boxes, hot meals, infant boxes, hygiene products, and clothing.

<https://azfoodbanks.org/get-food/>

St. Mary's Food Bank Home Delivery Program

602-344-4124

Information: St. Mary's is offering food box delivery for those unable to travel to a food bank to pick up a food box. Home delivery is currently only available to Maricopa, Yavapai, and Pinal County residents.

<https://www.firstfoodbank.org/get-help/>

Produce on Wheels Without Waste (P.O.W.W.O.W.) through Borderlands Produce Rescue

520-287-2627

Multiple locations.

Information: With a \$15 donation receive up to 70 pounds of produce when you pick up at an event OR receive up to 25 pounds of produce delivered to your door.

<https://borderlandsproducerescue.org/events/>

Commodity Senior Food Program (CSFP) through DES

Multiple locations; phone number varies by location.

Information: CSFP works to improve the health of low-income persons who are at least 60 years of age by supplementing their diets with a monthly package of nutritious food at no cost.

<https://azgeo.maps.arcgis.com/apps/instant/nearby/index.html?appid=accbf20ab85a42f194dbd279130fc563&sliderDistance=5>

Area Agency on Aging (AAA)

602-264-4357

Multiple locations.

Information: The AAA connects seniors (60 years+) to various resources including home delivered meals, personal care services, home care, respite care, and more.

<https://www.aaaphx.org/>

WIC (Women, Infants and Children) through ADHS

(800) 252-5942

Multiple locations.

Information: WIC is available to Arizona's pregnant, breastfeeding, and postpartum women, and infants and children under the age of five who are at nutritional risk. WIC participants receive an electronic card to purchase specific foods each month that are designed to supplement their diets with specific nutrients that benefit WIC's target population.

<https://www.azdhs.gov/prevention/azwic/families/index.php#eligibility>

Employment and Transportation Resources:

St. Joseph the Worker

844-759-5627

jobs@sjwjobs.org

Multiple locations.

Information: St. Joseph the Worker's employment services help thousands of people secure quality employment each year. Services include job coaching, resume support, uniform assistance, transportation assistance, and more.

<https://sjwjobs.org/employ/employment-services/>



ARIZONA@WORK

602-542-2460

Multiple locations.

Information: ARIZONA@WORK serves job seekers of all backgrounds, all skill levels and all ages. Services include job search, vocational rehabilitation, apprenticeships, GED help, and more.

<https://arizonaatwork.com/>

2-1-1 Arizona Ride United

855-345-6432

Information: Get up to six (one-way) rides via Lyft at no cost for specified covered reasons including health, employment, food, legal concerns, and more. Please note, pets are not allowed to accompany riders unless they are a service animal.

<https://211arizona.org/crisis/heat-relief/transportation/>

Chandler Flex

602-932-0291

Information: Chandler Flex is the city's on-demand, public transportation service. Book using a mobile app or by calling in. Book your ride quickly and easily and get picked up in a branded vehicle. Commute, get to after school activities, and get around anywhere in the service zone without needing a car for \$2 per trip or less. Students can ride free to and from school. Currently only offered in the city of Chandler.

<https://www.chandleraz.gov/residents/transportation/transit/chandler-flex>

Valley Metro Rail

602-253-5000

The Valley Metro Rail runs from North Phoenix to Tempe and East Mesa. Passes are available for various lengths of time, from a one-way trip to one month at a time. Reduced fares are offered for students, children, disabled, and elderly individuals.

<https://www.valleymetro.org/fares>

Mental Health Resources:

Solari Crisis Response Network

Crisis: 844-834-4673

Warm Line (peer support): 602-347-1100

Information: Get help if you're having thoughts of suicide and/or experiencing substance use or mental health challenges. The Warm Line offers a friendly peer support to listen and talk to you in times of need. Support is also offered by texting HOPE to 4HOPE.

<https://crisis.solari-inc.org/>

National Alliance on Mental Illness (NAMI)

800-950-6264

Information: NAMI provides advocacy, education, support and public awareness so that all individuals and families affected by mental illness can build better lives.

<https://nami.org/home>

Substance Abuse and Mental Health Services Administration (SAMHSA)

800-662-4357

Information: SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

<https://www.samhsa.gov/find-help/national-helpline>

National Domestic Violence Hotline

800-779-7233

Information: Provides a variety of information such as shelter locations, counseling and support, legal resources and advocacy, and how to create a plan for safety.

<https://www.thehotline.org/>



Arizona Coalition to End Sexual and Domestic Violence

Call: 602-279-2980

Text: 520-720-3383

Information: Provide services to victims and survivors of sexual and domestic violence, as well as friends, family, neighbors and other concerned individuals who are calling on behalf of survivors of sexual or domestic violence or are looking for ways to assist a survivor. They also aid professionals who are working with survivors of sexual and domestic violence, such as case managers, advocates, attorneys, medical personnel, teachers, counselors, and law enforcement

<https://www.acesdv.org/>

Healthcare Resources:

Arizona Health Care Cost Containment System (AHCCCS)

855-432-7587

Multiple locations.

Information: Arizona Health Care Cost Containment System (written as AHCCCS and pronounced 'access') is Arizona's Medicaid program, a federal health care program jointly funded by the federal and state governments for individuals and families who qualify based on income level.

<https://des.az.gov/services/basic-needs/medical-assistance/how-to-apply>

The Neighborhood Christian Clinic

602-258-6008

1929 W. Fillmore St.,

Phoenix, AZ 85009

Information: Provides medical services at an extremely low cost to the patient including a visit with a healthcare provider, on site lab testing and procedures, and medications are often given with no extra cost.

<https://thechristianclinic.org/>

Medical Clinic via St. Vincent de Paul

602-261-6825

Multiple locations:

Information: Offering a free clinic and serving as a temporary health care home to help patients reach health goals. The services provided in-house are at no cost to the patient but there may be a cost associated with any services that need to be referred out. <https://www.stvincentdepaul.net/get-help/medical-care>

Dental Clinic via St. Vincent de Paul

602-261-6842

420 W. Watkins Road,

Phoenix, AZ 85003

Information: This search tool helps you find a food bank near you; food banks may offer various services such as food boxes, hot meals, infant boxes, hygiene products, and clothing.

<https://www.stvincentdepaul.net/get-help/dental-care>

Phoenix Allies for Community Health (PACH)

623-455-6470

2902 W. Clarendon Ave.,

Phoenix, AZ, 85017

Information: PACH is a nonprofit dedicated to improving health outcomes in low-income communities who have minimal access to primary care. PACH provides healthcare free of cost to those who have no ability to obtain insurance or other healthcare assistance.

<https://www.stvincentdepaul.net/get-help/dental-care>

Wesley Community and Health Center

Multiple locations; phone number varies by location.

Information: Wesley Health Centers offer an array of primary care services for the whole family including primary care for children and adults along with pregnancy and mental health services. Wesley provides free and low-cost family planning services. Wesley also provides health education and nutrition counseling. Wesley accepts insurance but also offers services on an income based sliding scale fee schedule.

<https://wesleychc.org/health-center-services/>

