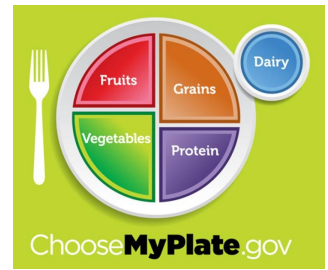


# Grocery Store Activity



**Directions:** Find the answers in the grocery store fruit and vegetable section.

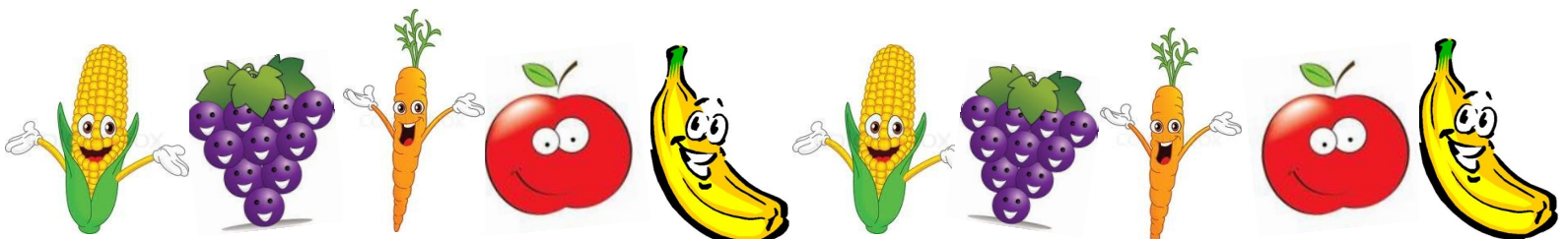
1. Name 2 fresh fruits in the grocery store.

2. Pick 2 fresh fruits of different colors in the grocery store. Write 2 sentences about them.

Sentences:

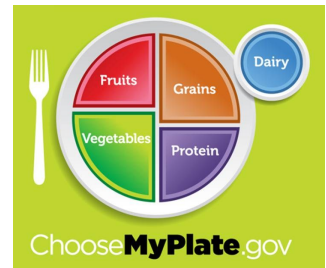
3. List 5 different, fresh vegetables for a salad. Have at least 3 different colors.

4. Vegetables have fiber. Explain why fiber is important for your body.



Name: \_\_\_\_\_

# Grocery Store Activity



5. The produce section has scales. Count how many. What are they used for?
6. Pick a fruit or vegetable to weigh. Find 1 fruit or vegetable that can be weighed.  
Is it possible to buy 1 fruit or vegetable for \$1?

Fruit or vegetable price \_\_\_\_\_

Possible to buy 1 for \$1.00 or less     Circle: Yes or No

7. Write a short letter to your aunt describing a lunch for your friends.  
The salad made in #2 is part of the lunch.
8. Write the health benefit of at least 1 fruit or vegetable you found at the store. (5 sentences)

